

Christ Returns –

Speaks His Truth

I have again descended in fullness of CONSCIOUSNESS to imprint within the mind of my recorder, yet another message to the world.

Before I could take this new step forward, it was necessary to bring you my LETTERS in handbook form because I would have you realise that your world itself is truly UNIVERSAL LOVE made visible.

How each person perceives it, is born of personal attitudes to the world and life generally. Your view of it is entirely personal and is not the absolute Truth because you do not yet fully understand the processes of creation. You can only fleetingly glimpse them.

Now that you have my LETTERS as a foundation for future spiritual upliftment, I have come to bring greater clarity to your present understanding of them.

I WANT TO SPEAK BRIEFLY TO YOU ABOUT THE TRUE NATURE OF PURE LOVE of the highest realms of Consciousness and your perception of love in the lower frequencies of your world.

I want you to understand that even though I speak to you with all my transcendent Being of LOVE, I must still speak within the framework of your world thought in order to enlighten you.

Where I reside in the Consciousness of I AM - is PURE LOVE. As I descend in consciousness, my compassion grows and grows and forces me to move down in consciousness frequencies to enter into the consciousness of your plight in your modern world.

How can I help you understand this? Consider how it would be for you if you moved into a place of carnage, would not your loving concern be deeply compassionate? Would you not be passionate in your rejection of the scenes of suffering? Even so am I, although I know it is all part of the evolutionary process of transcending the ego individuality . Only through the lessons of suffering will the journeying soul gain self-knowledge to retain individuality after it has discarded the ego.

I am LOVE - unconditional Love pure and simple, and in my words there is no judgement.

Therefore, if my words seem harsh when you do not expect harshness from me, since I claim to be LOVE personified, please understand that I have not descended at this time to have a loving visit with you, to give you words of comfort to lift your spirit, to tell you how blest you are in Reality but do not yet realise it. I have come to render you a loving service. I have come expressly to give you the worldly facts which cause you pain, illusory as they really are, to show you what you are all helping to create for yourselves.

Just as no loving and successful teacher enjoys the words he must use to help aggressive pupils see and acknowledge the harm they do in the classroom, so must I speak about your present condition in worldly words you may understand to enable you to work to rise above it. But I do not speak the words to condemn the action or the doer of the action. I am LOVE, the embodiment of PURE LOVE, but I speak as the situation demands to people who have not yet managed to overcome their ego frailties. I love all people - for I am all LOVE - but LOVE dons many masks in its loving attempt to reach out and help those who are seeking relief from present distress.

I speak to you with the words of logic because you have created your world to fit what you deem logical and therefore believable. If I were to approach you with the 'meaning' expressed by Love, you would be all at sea because 'the meaning' would not conform to your logic and you would still refuse to believe that I have spoken.

LOVE transcends and eliminates the need for the Ten Commandments but there are few in your world who can truly understand this.

I WANT TO SPEAK TO YOU ABOUT THE TRUE NATURE OF CONSCIOUSNESS - of the difference between UNIVERSAL CONSCIOUSNESS, Divine Consciousness, and human consciousness. You truly need to understand these differences to enable you to live spiritually pro-active lives within your world... Which is what I have come to help you do.

CONSCIOUSNESS Transcendent and human consciousness!

Consciousness is now a word used widely, even lightly, but is not fully understood by many dear seekers of Truth.

You have drawn your being from Universal Consciousness split into Divine Consciousness at the time of the Big Bang. (See Letter 5)

This is the perfect Consciousness of Loving Intelligence and Intelligent Love. IT is IMPULSES. These IMPULSES are the very basic energy, the MAINSPRING of all existence. This Consciousness is indeed within you, surrounds you, transcends you and can lift you in ever higher strata of spiritual ecstasy and ephemeral perception,. This Consciousness is what many call God.

It is within you and transcends you.

But what humankind must fully realise is: that it is of such a high frequency of vibration,so spiritually refined in meaning.....that it cannot be drawn into your own human consciousness to make Itself known to you, until you begin to overcome your ego and ascend in spiritual perception of Truth.

Your ego is the barrier to Super Consciousness.

Only the most systematic and persistent daily attempt to cleanse your consciousness of ego thoughts and behaviour, will make it possible for Divine Consciousness to SEEP into your human consciousness bringing you new insight and perceptions. Illumined by new insight and perceptions, your thoughts, words, actions will begin to change.

When you SEE things differently, you will begin to ACT differently.

Your human consciousness is imperfect! It is fabricated out of selfish egotistical drives. Let not your ego resist this valid statement. You are in no way to be blamed for this, because the ego is divinely created in order to separate Divine Consciousness into individual people. You need the Ego. It defends you and it draws to you what you need to survive BUT it can overwhelmingly force an individual into behaviour which is sick psychologically speaking. You know that Ego is the impulse behind all the crime in the world.

I would have you know it impels people into such deep-seated narcissism and self-interest that anyone trying to arouse in such a mind any empathy or sympathy, is sadly blocked. No matter what topic may be raised, inevitably, such egotistical, narcissistic people draw the topic back to themselves, how it affects them, how it concerns them exclusively, positively or negatively. Absorbed self-interest is like a thick dense fabric of consciousness energies sealing off the minds of people of every strata of society in every part of the world. The degree of narcissism varies. I have come expressly to make you aware of it because such narcissistic

people cannot live in harmony with other people as they are incapable of hearing the messages from others. This, as much as your crime, causes your misery on earth.

Here is a parable for you. Behold the little child playing in a sticky mud pit, making pies, covering itself with mud, enjoying every minute. Mother comes, exhorting child to come and bath and get ready to go to a party. The child fiercely resists, crying. Eventually, mother has her way and the child, freshly groomed with hair shining and clad in smart party clothes enters the hall where the party is being held. It stares in astonishment. The glorious lights! The brilliant shrubs and flowers! The tables loaded with delicacies, cakes and jellies. And all the presents and games and fun the other children are having. The heart of this child is filled with radiant joy. Laughter begins to well-up and fill its entire being. This is so much better than its mud pit! All the washing and the scrubbing was worth it. How glad the child is that it listened.

I WANT TO SPEAK TO YOU ABOUT EVOLUTION.

How a study of evolution will enlarge your understanding of the activity of Divine Consciousness within creation. I touched on this in my Letter 1 but you should study the subject yourself and you will be amazed at your discoveries concerning Divine Consciousness in action.

You will discover that whatever evolutionary adaptation takes place in the body is exactly suited to the body's new requirements. This is not a universe created arbitrarily or without the deepest loving concern for the living entities which inhabit it. In every case, a study of evolution will reveal an IMPULSE at work within creation which displays knowledge of the entirety of creation, knowledge of the needs of the least entity and how to perfectly fulfill them.

Therefore, if you can only grasp that you are maintained and supported by this Divine Consciousness which I also term LIFE, and can realise that it KNOWS YOUR NEEDS, and that IT is geared to answering, fulfilling your needs in the very best way to bring you into a stress-free state physically, emotionally, mentally and spiritually - then you can let go your fears and anxieties - and you can trust IT implicitly.

If only you could begin to realise this perfectly, absolutely, completely, comprehensively, compellingly and could stop thinking that your own little finite, limited minds can plan your futures.

I WANT TO SPEAK TO YOU ABOUT YOUR BELIEF IN YOUR OWN SELF-SUFFICIENCY which is holding you back from achieving true self- surrender and the eventual ascent to Christ Consciousness.

How can you plan anything at all when you do not really know what tomorrow will bring? You don't know! You can only hope! Have you ever truly realised this about your mind power? You can only HOPE you know what tomorrow will bring. You are trapped in to-day, thinking you have stable access to all your environment, but in fact through sheer lack of knowledge of where you really stand in relation to the world, you know nothing, you only hope!

So why do you cling to your belief and trust in your limited knowledge and assert that your limited mind ALONE can make the best plans for your tomorrows when you have within you, DIVINE CONSCIOUSNESS Which is Itself ALL KNOWLEDGE of your tomorrows and the next ten years and even eternity.

IT knows your true purpose on earth, do you?

IT knows what will truly make you happy, what will truly make you healthy, what will truly help you ascend the spiritual ladder of ecstatic spiritual consciousness. So why can you not let go self-will and seek the supreme Love Guidance of THAT which created your world for you to enjoy? When will you rid your minds of all the old tales of Jehovah's vengeance told you in the Bible, and discover for yourself that the Will of the 'Father' is only JOY, Health, Happiness, Fulfilment of your every need.

I WANT TO SPEAK TO YOU ABOUT YOUR SELF-WILL AND ITS CREATED SELF-DELUSIONS....

Earthly Consciousness is a fabric you spin with your thoughts and feelings. If only you had heightened perceptions, you would see it as a kind of dense fog. This is released into the air around you. When it is not ignited with the powerful drive of desire, intention, purpose, it lies around you like so much waste. But when your thoughts and feelings unite in thought patterns of desire, or intention or purpose, you have created a life-form. That life-form is a blue-print, an electrical outline of your intention and the corresponding magnetic field of emotion draws particles of energy together to bring this driving intention into visible manifestation.

Please realise that this creation in the unseen around you is yours. Out of your limited knowledge of yourself - yes, your very limited knowledge of yourself, what you really believe, how you really react in certain circumstances, how you really impinge upon your environment and affect other people, how truly honest you are in all circumstances - out of this very limited knowledge, you contrive to build these consciousness forms - the blue prints of your desires, intentions and purposes to be experienced in the future.

You do this unknowingly until you realise what you are doing. Then you will possibly join a class where you will be taught to do it deliberately.

Believe me, these are spurious creations. Do not do it. You see with limited vision. You do not know how you can actually distort the paths of others by this belief that you know what is best for yourself or others. This is true error - this is a true trap for the unknowing. Created by the ego drive.

Hundreds of thousands - probably millions - believe that because they say: 'It is so' in faith, that statement will make it so. But they have no idea of what really lies in wait for them because of the various cosmic influences which play a huge part in their daily experience. They do not know what lies in wait as a result of their thinking and behaviour in the past. You cannot create the perfect life for yourselves - until you, yourself, are absolutely perfect within your mind, heart and actions and have worked through a kind of recompense for past hurts you have inflicted. And yet millions of your financial currency are being spent on acquiring the knowledge of how to potently form such consciousness forms as will over-ride all the energy blue-prints surrounding you and make them null and void. You are all going in the wrong direction. All that you seek in harmony and health will elude you until you fully understand that EGO cannot create PERFECTION, until you wake up to the beautiful all -giving nature of Divine Consciousness which is your true Source of Being, the true Source of health, achievement, and inspiration. You are like children in a playground, playing together, making up stories of make-believe and wondering why the make-believe does not work. The children are excited and energised by the imaginative and happy stories they tell each other but when they go home, they have to face the realities of life as their parents live it.

I WANT TO TALK TO YOU ABOUT HEALING AND SENDING HEALING TO OTHERS.

To send any LIFE of lasting value, not just a flash in the pan of physical energy which may uplift another person for a short while, you must first draw IT from Divine Consciousness during deep meditation, and as you do so, re-direct it towards the object of your good intentions. There is nothing in your personal energies which will open the doors of another person's mind to Truth. Only Truth itself can open the doors, can bring insight, can bring healing. The little 'i' mind is nothing but human and finite electromagnetic consciousness, human opinions, prejudices, negative reactions, logical arguments and rationalisation born of previous experiences. Until the little 'i' of ego is able to see the Divine and open itself to receive the Divine in as great a quantity as it is prepared to give time to receiving, it will remain impervious to any Truth which may be presented to it. Indeed, it will vehemently reject it.

So many millions love to pray, love to ask, and hope they will be heard. So many people resist giving time to meditation. Why? Because they do not truly believe they will be in contact with Divine Consciousness. If they believed, meditation would surely be their most fulfilling time of peace and joy during the day. When stresses arise, unhappiness presses down, misery weeps, how blest and wonderful it should be for you to say: 'I will take this to my 'Father' in Whom is all loving comfort and fulfilment of my present needs'.

This is what I did on earth, when perplexed, when happy - I took time to rest my mind and invite my beloved 'Father' to enter in fullness of power to take over and bring me deep peace and the strength and inspiration to continue my mission.

THE ERA of LOVE and PEACE.

I cannot truly explain why I am here with you today if you have not fully understood my Letters. Until you understand them you cannot become the loving creative individual who is needed to bring about the Era of Peace so passionately longed for by people on earth and yet so passionately withstood by people on earth.

I know well that this statement will be passionately resisted by many who will say: 'God is accessible by all'. And they speak truly. But I repeat what I said on earth and I mean it - and I speak the Truth although it may arouse in your hearts, rebellion. 'The path you must walk to reach the longed for Era of Love and Peace is indeed narrow and absolutely straight.'

You may jump the path but when your travels have eventually shown you that you have made a serious, even bitter mistake, you will find that your only sensible way forward is to get on the path again. Since your wanderings may have led you to create many, many blue-prints of agony and sorrow, these will await manifestation in many ways, even as you struggle to master your consciousness anew to regain the path. But they will also cause you to seek *Reality* with greater fervour than before. Therefore, there is no wrongdoing in jumping your path, - no judgement of your choices of your actions, only timely lessons bringing you back to your path. This is followed by the most blessed relief as again you become the recipient of what seems to be heaven-sent blessings and new joy in living.

Believe me, my beloved souls on earth, as you are now, you are not ready to bring about an era of peace. There is much talk about it, longing for it, belief that spiritual evolution has lifted you into a mind set capable of bringing you into an era of love and peace. But a great deal of this thinking is self-illusion, self-delusion. You forgive yourselves your mind sets, your thoughts, words, actions because you are in the world, fettered, blinded by your ego. You struggle bravely to adopt a more loving way to think, feel, respond to every experience but whilst you remain the single moving force within your consciousness, the ego will eventually win.

How will you respond if someone enters your home and wrecks it? Will you forgive them instantly because of your deep compassion for their enormous insecurities in life? Because you know that there is no loss when you can draw abundantly from the 'Father' again. You will be able to do this when you have become fully at one with Divine Consciousness.

How will you respond if someone should slander you in public and try to destroy your good name? Will you be able to smile lovingly, peacefully and sincerely bless that person? You will when you enter the ERA of LOVE and PEACE because there will no longer be any ego in you to resist any denigration. You will see the denigrator clearly and will understand the impulse which impels him to harm another. Even more, your good name will no longer matter. You will be joyously in harmony with your Source of Being and that will open vistas of such ecstatic living which will reveal all lesser things to be of no account - mere negative illusions.

Can you bear to have your little inadequacies pointed out to you and accept them without needing to pull the cloak of protection around you - the cloak of explanations and excuses? The more you can transcend your ego, the less will your inadequacies bother you. You will accept correction with grace and love and will make up your mind to do everything right in the future. This is true spiritual evolution.

Only the mind set of one who has conscientiously worked through the full process of cleansing of consciousness, and constantly called on Divine Consciousness for help to become the embodiment of compassionate love, will be able to co-create - yes - co-create the kind of existence you would dearly love to experience on earth.

Do you realise how many people there are throughout your world who imagine they have found and practise unconditional love and yet they are ever on the look-out for other people who do not measure up to their standards of behaviour and are exhilarated and happy to judge or chastise them? How can such a mind create an era of love and peace?

A spider spins its web. You spin your environment, health, well being in your minds with your desires, your intentions, your purposes. This is not a process of judgement, you must understand - this is purely a statement of the reality within electro-magnetic energies. This is your truth. Until you fully acknowledge this and decide to seek conscious union with the Divine at all times, - the Era of Love and Peace will escape you.

When you have embodied the transcendent glory of love and compassion within your consciousness, when your consciousness is at rest, peaceful, without the least stain of criticism and rejection of any kind of otherness, you will indeed become a member of the Kingdom of God.

Until that time comes, I would have you KNOW that I am available, accessible at all times, compassionately aware and compassionately understanding of all you are having to endure at this moment. I am available as your love, your comfort and your re-assurance. I am your Life, I am your Way, and I am your Truth. I love with deep compassion and an urgent longing to relieve you of your present burdens. And I will relieve you of them if you will but come to me and let me respond with the warmth of my presence, and guidance and insight to help you rise above your present frailties and sadness.

Therefore, to help all those on earth who are willing to listen and accept my words and seek my comfort, I say to you what I said in my Letters:

It must be widely accepted that, in order to achieve a state of contented peace on earth, there must be a HIGHER VISION to strive to implement in your daily lives. Only by reaching for a higher vision will the physical world be rescued from widespread annihilation when unenlightened people will sadly reap of their present chaotic sowing.

This is not a judgement of criticism or condemnation, dear souls, but a statement born of the Laws of your Existence.

Without the higher vision either for the self or for the world, there can be no spiritual evolution or the achievement of that state of being when Divine Consciousness Itself will be clearly evident in you, your lives, and your circumstances. At that time, you will all have become transparencies of Divine Consciousness and as such you will experience a quality of life previously undreamed of.

THE VISION

Your vision of a perfect world and a perfect life should be of LOVE embracing all creation. A giving and receiving without stint. A shining health and beauty radiating light from all that grows and from all living beings. Ecstatic creativity of every kind. Ease of movement, travelling being merely a matter of desire. Prosperous homes and joyous households. And everywhere, a manifestation of Divine Consciousness in every atom.

I cannot coin a better term for such a vision than Kingdom of God, Kingdom of Heaven to describe the future earthly Quality of Being when Divine Consciousness clearly pervades all living things and they transparently manifest the nature of Divine Consciousness in their every second of earthly existence.

Sadly, millions have not yet glimpsed the Light and they spend their lives in seeking new spiritual experiences through new teachers and new knowledge, whereas the search should be for the experience of Divine Consciousness within and the spiritual vision arising therefrom. This can only be attained through constant and regular meditation.

MEDITATION

Only through meditation will you be enabled to still and quieten your mind completely. Only then, can Divine Consciousness enter your brain cells bringing Its own knowledge into your mind, Only then can the flaws of ego be slowly dissolved from your brain cells and nervous systems.

I am seeking people who are willing to set aside their self-absorbed search for spiritual felicity, seeking spiritual ways to live a better life, own more possessions.

I am looking for people who will be willing to bond together in a mutual support system to begin to re-build themselves to become fit to join in creating the Kingdom of Heaven on earth, when Divine Consciousness will reign supreme in the consciousness of all Heaven's people.

To achieve this purpose, I will set out clearly what true Members of the Kingdom of Heaven on earth will be willing to accept. The following are the rules that Members must agree to try to implement in their lives daily, followed by the reasons why the rule is so important.

MEMBERSHIP of the 'ERA of LOVE & PEACE' or
'KINGDOM OF HEAVEN' on earth.

Before setting out the rules for Membership, I will refresh your memories concerning your own creative power within your minds.

"But when your thoughts and feelings unite in thought patterns of desire, or intention or purpose, you have created a life-form. That life-form is a blue-print, an electrical outline of your intention and the corresponding magnetic field of emotion draws particles of energy together to bring this driving intention into visible manifestation."

This is a manifestation of your own desires and because your knowledge of yourself and your future is so limited, this manifestation will bring its happy side and its dark side into your experience.

But when you first go to Divine Consciousness and seek the true solution to your problem and take this solution back to Divine Consciousness for its perfect manifestation on earth - then you have the perfect manifestation of Light carrying within it no future disappointments.

Try to make it second nature to first seek guidance from Divine Consciousness. Even though you may feel you have heard nothing from the Divine, I tell you truly - if you remain steadfast in faith, in time to come, you will find the answers in visible form returning to you. Therefore:

1. As a Member of the Kingdom of Heaven of Earth I will meditate daily, starting with ten minutes, and moving on to whatever time I am comfortable with. I will set aside all thought as much as possible, quieten and silence my mind. I ask Divine Consciousness with heartfelt prayer to enter my consciousness and take over, bringing me Divine Wisdom and Divine Love that It may bless my own life and all I relate to in any way, and the world generally.

I will use this time of union with Divine Consciousness to KNOW that all matters I take to it for healing and solving will be duly healed and solved.

I pray that Divine Consciousness will give me the grace to KNOW that IT always answers the prayer of loving conviction.

2. As a Member helping to create the Kingdom of Heaven, I must set aside every thought of envy. I must remember and affirm that as the child of Divine Consciousness, the 'Father', I may ask for whatever needed or wanted and know that, in due time, it will surely be manifested for me.

3. As a true Member of the Kingdom, daily I will reject all ego thoughts and replace with those of compassionate love and the unconditional loving thoughts with which I will help build the Kingdom.

Daily I will repeat to myself. 'I have undertaken to help build an Era of Love and Peace and my every loving thought is a transforming influence on earth'.

4. *I must remember that the Kingdom of Heaven is a place of joy and laughter. Daily I pray that I may become more enlightened and lifted into appropriate spontaneous joy and laughter to help lighten the spirits of those around me.*

5. *Daily I must remember that to overcome ego and make deep meaningful contact with other people, I must LISTEN! I must control my ego drive to talk about myself, and must listen, striving to understand and empathise with what I am being told.*

6. *Daily I must remember that to overcome ego, I must be able to hear any truth about myself without wanting to retaliate or find excuses. In the Kingdom of Heaven is no backbiting, vindictiveness, resentment! By undertaking to help build the Kingdom of Heaven on earth, I must transcend all these ego impulses - exchanging them for unconditional love.*

7. *Daily I must remember that in the Kingdom of Heaven is only a KNOWING that tomorrow will be perfect because Divine Consciousness fills the minds and hearts of every dweller in the Kingdom. Therefore, I must avoid all alarmist talk. I will not get caught up in retelling the faults of others. I will not indulge my lower consciousness by contemplating the evils of the governments and the world. To build the Kingdom of Heaven I must withdraw from everything which I do not want to see perpetuated - otherwise the Kingdom will never take shape, or others may build it and I will be left behind. I will be shut out by the self-indulgent consciousness I am building every day,*

8. *I will listen with love to all who seek my comfort and will ask Divine Consciousness to give me the words to say to heal their hurt.*

9. *Daily, I will visualise and make the following affirmation with love for the world and for myself. I will affirm constantly that because Divine Consciousness illumines my mind, my affirmations are powerful and life giving. I visualise they are the seeds of future events.*

AFFIRMATION

'Daily, I open my heart and mind to Divine Consciousness transcendent to help me dissolve all present selfish ego drives.

Daily, I open my soul to receive Divine Consciousness to assist me in building a new ERA of LOVE & PEACE in the world.

'In the KINGDOM of HEAVEN only Divine Love, Divine Compassion, Joy and Laughter and beauty of self-expression will be sublimely manifested always.

'Nature in every area of the world will flourish luxuriantly, harmoniously, supplying fruits and food for every single person on earth. All people will be well fed. All will be well clothed. All will be uplifted in spirit and will manifest Divine Consciousness in every way, every day.

'I lift this Vision of Felicity to Divine Consciousness where it will be ignited with DIVINE LIFE for its perfect

manifestation on earth. I give my loving thanks to my SOURCE that even now it is all beginning to take shape in the unseen.

'Thank you, Father.'

My beloved souls, it is known that at this time there will be clear and unmistakable divisions between the children who choose the Light and the children who prefer the diversions and darkness of the worldly ego. For the Light to lighten the world all must become the children of the Divine.

Lovingly, compassionately, even reluctantly I leave you, having spoken what I would have you understand. My LOVE enfolds you in ardent longing for you to receive my words as simply as a tiny child listens to its father's well-loved voice, to ensure my urgent message may bear fruit in your lives and the lives of those who surround you.

'This is a true message of powerful creativity of your future. If you will believe and act, you will see it come to pass. Most certainly within your own lives you will find yourselves in your Kingdom of Heaven.

Rest in Love Divine. Rest in Peace. Rest in Light.

A GIFT OF LOVE FROM THE TEACHER OF LOVE HIMSELF.

An impassioned call from the CHRIST to join in the creation of an ERA of LOVE and PEACE - the KINGDOM of HEAVEN on earth - both within and in the environment.

The Membership is for people who are deeply and sincerely committed to ridding themselves of ego; and helping to build a world community of equally committed members.

This is a commitment to Christ and to his teachings in his Letters (1999-2000) and Message 20.10.2007

Membership will carry prestige since it demands: an understanding of and commitment to Christ's Letters and surrender of the 'self' in daily life.

The Rules to be followed daily are:

1. Daily reading of the Christ given rules and explanations of why he has made them into rules
2. Daily Meditation
3. Daily, I will reject all ego thoughts and replace with thoughts of compassionate love and unconditional love.
4. To make meaningful contact with other people I must LISTEN to them and must stop bringing the subject back to myself.
5. I must be able to hear truths about myself without hiding behind a cloak of excuses and indulging in retaliations.
6. I must, at all times, be truthful and straight forward, otherwise my consciousness will be fragmented and I will lack conviction.
7. Daily, I must remember and affirm that in the Kingdom of Heaven - to-morrow is always perfect.
8. I must avoid all alarmist talk. To build the Kingdom of Heaven within and without myself, I must withdraw my consciousness from everything which I do not want to see repeated or perpetuated in the future.
9. I will listen carefully to all who seek my love and my comfort and will ask Divine Consciousness to give me the words to heal their hurt.
10. I will not give way to and jealousy because I know that all the things necessary for my care and

happiness can be mine when I ask 'Father-Mother-Love'

11. Daily I will make the following affirmation - visualising the full meaning as I speak:

AFFIRMATION

"Daily, I open my heart and mind to Divine Consciousness transcendent to help me dissolve all present selfish ego drives.

Daily, I open my soul to receive Divine Consciousness to assist me in building a new ERA of LOVE & PEACE in the world.

In the KINGDOM of HEAVEN, only Divine Love, Divine Compassion, Joy and Laughter and beauty of self-expression will be sublimely manifested, always.

Nature in every area of the world will flourish luxuriantly, harmoniously, supplying fruits and food for every single person on earth. All people will be well fed. All will be well clothed. All will be uplifted in spirit and will manifest Divine Consciousness in every way, every day.

I lift this Vision of Felicity to Divine Consciousness where it will be ignited with DIVINE LIFE for its perfect manifestation on earth. I give my loving thanks to my SOURCE that even now it is all beginning to take shape in the unseen.

Thank you, Father."

As pledge of my good faith in joining CHRIST'S WAY I agree to write a dedication of self to this supreme effort to change world thought. I am willing for this to be posted on the website on Members' page.

If Christ returns again I would like to receive an e.mail giving me his latest message

I agree to my e.mail address being posted in such a way as to be only available to other Christ's Way Members.

HOW TO MEDITATE (from my Letters 8 Christ Returns - Speaks His Truth)

When you meditate, take up the position which is most comfortable for you. You do not have to go into physical contortions. Rest and relax. Tell yourself to relax and release all your limbs, including your head, neck, face, into a state of utter limpness.

I must impress on you that meditation should be - eventually - as simple as slipping into slumber. The purpose of meditation is to enable your *entire consciousness* to move beyond the boundaries of intellect and reason. There are teachers who will tell you to 'imagine'....whatever you are told to imagine, you can rest assured you are not being assisted to go anywhere except into new imaginative realms of your own thought processes. What this method of 'meditating' will achieve for you will be a relief from the thoughts and stress that your ego pressures are creating for you. In the world of imagination, the ego may - or may not - be dormant.

Before commencing meditation, prepare by fully realising you are about to make contact with DIVINE CONSCIOUSNESS' both within and transcendent to your consciousness - therefore *IT* is also out there and around you. Visualise exactly what this means.

Remember, at all times, that what you THINK about is what you are tuning into.

Your thoughts are 'searchlights' making contact with what you seek.

Remember that every 'thought' has its own frequency of vibrations in consciousness. Believe know this for this is true. The more spiritual the thought, the higher the frequencies of vibration. 'Consciousness forms' embodied by words are not visible but are 'specific entities of being'. They have the life of consciousness within them. They are magnetised to like 'consciousness forms'. Like is drawn to like.

Think 'dog' and visualise what you mean, and your thoughts are attuned to the dog species. Think 'UNIVERSAL CONSCIOUSNESS' or 'DIVINE LIFE' with understanding of what you mean - and your thoughts will be directed into 'UNIVERSAL CONSCIOUSNESS' - DIVINE LIFE.

If you have fully understood all that I am trying to tell you, you will KNOW that your meditation reaches its target.

Know this and you will find your faith strengthening.

Your faith remains weak because you only hope, or wish, or magnetically 'want to' tune into - LIFE-CONSCIOUSNESS, because you hope you will derive some benefit from the exercise.

Do you not see how 'earthy' is such an approach to THAT WHICH GAVE YOU 'BEING'?

Is it reverent? Does it befit a person who is seeking true contact, and expects to do so? Whilst *INFINITE UNIVERSAL CONSCIOUSNESS* is not the mythical 'God' on high as depicted in the Old Testament, It is the *Infinitely Powerful Reality* everywhere present, manifesting *It's* own designing, intelligent, evolutionary, loving caring for all that *It* has brought into being.

This is what you must realise you will eventually approach, whilst you are still on earth, when you reach the highest dimensions, after your magnetic-emotions have been dissolved not only from your mind, but also your sub-conscious, and solar plexus.

First of all, you will be getting in touch with *FATHER-MOTHER-DIVINE LIFE* which is ever active within your entire system and the universe.

Remember *It* is in equilibrium within the *infinite universal dimension*, and active within the world.

'Father-activity sets the goals. 'Mother-love directs the way the plans will be developed to promote the highest good of that which is being adapted, or healed, or protected.

(Countless people will say that these statements above are all imagination. They can scoff as they will. Those who manage to make contact with '*Father-Mother-Life-Consciousness*- another name for *DIVINE LIFE CONSCIOUSNESS* but denoting its double qualities - will verify that the foregoing is an accurate description of spiritual evolution which follows such contact.)

To return to your meditation.

First of all, before attempting to enter your meditative state, memorise the following prayer so that the words become your own.

When you have become perfectly relaxed, start your meditation with this prayer. Say it slowly and visualise the meaning of each word to enable you to enter into the consciousness of the word and enable the energy consciousness of the word to enter into your deepest self. As you say this prayer, your eyes should be closed and your gaze lifted towards your forehead.

FATHER-MOTHER- LIFE, you are my life, my constant support, my health, my protection, my perfect fulfilment of every need and my highest inspiration.

I ask you to reveal the true Reality of Yourself to me. I know it is your WILL that I shall be fully illumined that I may better receive awareness of Your Presence within and around me. I believe and know that this is possible. I believe that you protect and maintain me within perfect LOVE. I know that my eventual purpose is to EXPRESS YOU.

As I speak to you, I know that you are perfectly receptive of me, for you are UNIVERSAL LOVING INTELLIGENCE which has so marvellously designed this world and brought it into visible form.

I know, that as I ask YOU to speak to me, I am sending out a consciousness searchlight into your Divine Consciousness and as I listen, YOU will be penetrating my human consciousness and coming ever closer to my increasingly receptive mind and heart. I commit myself and my life into your care.'

(Each time you say and visualise this prayer, you create a spiritual consciousness form which will become stronger and ever more elevated in frequencies of vibration as the true meaning of the prayer deepens in your mind and heart and your perceptions heighten.)

After the prayer, relax ever deeper and let your mind go as blank as you can. If thoughts intrude, gently recite '*Divine Life*' or '*father-mother-life*' to yourself and again quieten your mind. After many months of sincere meditation, you may come to feel that your body is suddenly jerking, like a person entering sleep and then suddenly waking up. If this happens, be thankful as your consciousness is penetrating the barriers of your previously created consciousness forces encapsulating your soul.

When you feel yourself entering a different deep state of consciousness, so deep you are barely breathing, know that you are beginning to attain your goal. At the end of your meditation, always give glad and grateful thanks.

Remember that nothing you can think, say, or do, can in any way reduce all that '*father-motherlife-consciousness*' is .

However, any disbelief will form a barrier between you and *father-mother-life*.

I want to warn you: when you are trying to still your mind and thoughts, you may feel ill-at-ease, physically uncomfortable and even distressed. This is because - initially - you will come up against the black wall of your own 'consciousness' and this can be extremely disconcerting - even painful.

Bless the experience and ask 'father life' to penetrate your consciousness next time you listen. Then get up and put the experience behind you.

When you find that you are at last entering into the silence, then rest equably, knowing that you have now entered what one might call the 'holy of holies' because, at last, you are achieving contact with '*father-mother-life*' within you. It will take time for this highly spiritual experience of the Silence to become a daily routine.

Remember you have a lifetime of ego baggage to discard and dissolve.

No matter what you sense or are aware of during your meditation, when you come out of it, expect to sense a difference in your life. Remember that expectation is a 'consciousness' form and as you 'expect' you are opening the way for that which you 'expect' to be magnetised into your experience, whatever it may be you are needing or dealing with.

If you do not feel any new lightness of spirit, despite your sincere expectations, do not deny changes or doubt the possibility of them.

Remember your consciousness is electromagnetic, of the same substance as your physical body, and it is the foundation of all experiences in your life. Continue to expect - as you do so you are building up the power, the energy of your 'expectations - consciousness forms' which will draw to themselves the manifestation of all that you are expecting.

'Father-mother-lifeconsciousness' can only be magnetised into your individual consciousness by faith, sincere expectancy, and the willingness to open yourself to the cleansing of your magnetic-emotional 'bonding-rejection- impulses.

How many of you presently go into meditation in this way and come out EXPECTING changes? How many lose heart when they have felt some change and then nothing for a little while.?

Bear in mind that I told you that you are subject to rhythms of 'high' and 'low'. When you are in your 'lows', the flow of Divine Life in your system has dropped and the frequencies of vibration of your consciousness also drop. Consequently, contact with 'Father-Mother-Life- Consciousness' during these times, at the beginning of your search, is almost impossible. In the early days of your seeking Truth, during your meditation, you are very much in touch with your subconscious, and you will find that there is an irritating resurgence of all the old negative thoughts and memories you had thought you had overcome.

When you enter your 'highs', you will find a resurgence of your spiritual self and will rejoice in this. Your meditations will be more positive and productive of contact with 'Father-Mother- Life-Consciousness'. If you will have the courage to persist and exercise self-discipline during the 'low' times as well as the good, you will find eventually, that the 'lows' will get less 'low' and any former depression will be lifted.

Remember, that each time of 'prayerful consciousness' brings you closer to your goal, although you may remain completely unaware of this. Nonetheless, things are happening for your ultimate good - believe in them.